

HESPERIAN'S GOLDEN WAFFLES

INGREDIENTS

1 $\frac{3}{4}$ cup flour

2 tsp baking powder

3 tsp sugar

$\frac{1}{2}$ tsp salt

3 egg yolks, beaten

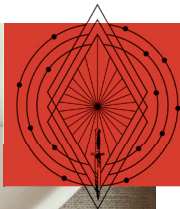
$\frac{1}{3}$ cup veg. oil

1 $\frac{1}{2}$ cups milk

3 egg whites beaten stiff

Measure dry ingredients into mixing bowl. Combine egg yolks and milk. Stir into dry ingredients. Stir in cooking oil. Carefully fold in egg whites. Do not over mix. Pour $\frac{2}{3}$ cup batter onto waffle iron.

Serve with warm syrup, fresh berries, and whip cream, if desired.



REALMS OF LIGHT
— RECIPE —

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